



an AKA  
**Live life**

## Concussion In Sport Report

Along with campaign groups, AKA welcome the government's recently published report looking at the management of concussion in sport. Amongst other things it highlights there is no central body having overall responsibility to set minimum standards for concussion and head trauma.

[It can be read in full here...](#)



## BABICM 25th Anniversary



BABICM is the UK's professional body for brain injury & complex case management and is celebrating its 25th anniversary. It has played a significant role in improving and enabling progress for those living with brain injury and complex conditions.

This has included both the delivery of care and rehabilitation as well as the professional advancement of case management and its best practice.

AKA has been involved in BABICM since 1996 with our team taking on different roles within the organisation. Our founder, Angela Kerr was on the council from 1996 and Treasurer until 2004. She was also Chair from 2016-2021, building on the work that had gone before and developing collaborations with other key organisations, inputting to national policy and driving accreditation for case managers.

Director and Co-Owner of AKA, Andrew Rose became a BABICM council member in 2014, before moving to the positions of Treasurer and Director from June 2016. At the end of his tenure in June 2020 he then moved to the BABICM training and events group and is enjoying the challenge of developing an interesting and diverse programme of activities on offer, including their new wellbeing webinar series (see below).

## Training & Events

BABICM's 5 part wellbeing webinar series starts in September with **Boost Your Wellbeing, Work Smarter and Avoid Burnout**. Working in care can be rewarding but at times very challenging. This event links wellbeing and productivity coaches to help you avoid burnout, enjoy life both within and outside of work and learn some practical tips.

[Click here to visit the event page...](#)



## AKA's 20th Anniversary Countdown

June 2022 sees AKA Case Management celebrate its 20th anniversary. We're planning lots of ways to celebrate – so do watch this space! Pictured is AKA's head office which we moved into during 2013.

## A week in the life of...



**Linsey Jamieson,**  
Case Manager

This week has seen a few urgent issues crop up, I have a client who is greatly in need

of accessible housing, which is really difficult to find at the moment. I have spent a lot of time chasing up the housing association to try to get some progress with this.

I have another client who urgently needs increased care support, unfortunately recruitment is very difficult at the moment due to a national shortage of care staff, so we've had to think outside of the box as to how we can find someone to fill the role; we are hoping that a local nannying agency can match us with someone suitable.

During the Spring/Summer I often do a lot of work to help families organise accessible holidays for the summer, this year has been quite different due to travel restrictions, but it has still involved looking for UK based breaks and reading the small print of insurance policies!

Aside from these urgent issues I have caught up on my admin, including phone calls, texts and emails with families, solicitors and therapists. This part of the job has become much easier as I've built relationships with people who I have now known for a few years.

[Read more about Linsey's week on our website...](#)



## News from the AKA family



Earlier this year, one of our clients was involved in the development of "In Hand", the free app from the Child Brain Injury Trust - designed for patients, families and professionals.

It is a great source of information and support for families at whatever stage in their journey of dealing with a brain injury such as head injuries and concussion – but it is hoped that families will download it in the inpatient stages, so that they can support them each step of the way. It's a great idea and we hope it will help and support a lot of people.

[Click here](#) to download the app.



One of our clients recently featured on one of Irwin Mitchell's podcasts about the life-changing impact of a serious injury, which you can listen to [here](#).



Our client and blogger, Phil's recent post shares his quest to become a rock god, starting with him learning how to play the bass guitar.

Read it [here](#).



Congratulations to Kayden, who recently got the keys to his new house! We're sure you will be very happy in your new home.



Great to see Jaden, who's continuing to push boundaries through his love of sport – from cricket, to competing as a T38 para athlete.

Read the article [here](#).

## Spring Quiz



- 1 Which vitamin can you get from direct sunlight?
- 2 The month of July was named after which historical personality?
- 3 Which country boasts the biggest waterpark in the world?
- 4 In which city in the USA were ice cream sandwiches believed to have been invented?
- 5 What was the first name of Clegg in the sitcom Last of the Summer Wine?
- 6 The summer lasts from June to September in the northern hemisphere. When is the summertime in the southern hemisphere?
- 7 Sumardagurinn fyrsti, which literally means the first day of summer, is an annual public holiday in which European country?
- 8 The 2024 Summer Olympics will be held in which city?
- 9 What is the most traditional birthstone for August?
- 10 The term SPF on sunscreen products stands for what?

[Click here for answers](#)



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If you would like to contribute to our next newsletter then please get in touch with Louise

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