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AKA helps and empowers people to live life after a devastating, traumatic injury. We promise to listen, nurture and guide as their happiness and wellbeing underpins everything we do. We focus on practical and emotional support in the community and drive the industry for consistently high standards of performance and professionalism.

Nick Snowden
Case Manager

Based in: Nottingham

Expertise: Adult, brain injury, mental health, orthopaedic injuries

Case Manager (May 2018 – present)

Working at AKA Case Management Limited to provide a collaborative service that assesses, plans, implements, monitors and evaluates support options and services that meet the unique needs of a person who has suffered traumatic injury.

Examples of my previous case's include:

- A 21-year old male who was involved in an RTA at the age of 16. He was left with complex lower limb orthopaedic difficulties and some severe cognitive impairments due to brain injury. I formed part of an MDT with the solicitor, occupational therapist, support worker, neuropsychologist, physiotherapist and speech and language therapist. It was my role to complete an initial needs assessment with the client and his family and devise a case management plan that addressed all aspects of his daily living and rehab needs.

I recruited independent therapists with close consultation with the solicitor and continue to oversee their involvement to ensure their goals are relevant and rehab focussed. This excellent team continues to make positive gains with regard to his mobility, communication, functional independence and a return to study. He has just completed a degree and started a voluntary role in his local community.

- A 50-year old male cyclist involved in a head on collision with a car. He sustained multiple complex orthopaedic injuries to upper and lower limb, with reduced mobility, strength and function. Following an initial needs assessment and case management plan,

I recruited an MDT which included occupational therapist, physiotherapy and psychologist. I liaised closely with the client and his legal team to monitor progress, arrange MDT's and set clear, collaborative treatment goals. He continues to make rapid progress both physically and mentally from his traumatic injury.

- A 48-year old male motorcyclist involved in a side on collision with an ambulance attending an emergency call. He sustained a traumatic brain injury, spinal injuries, severe lower limb injuries and a brachial plexus injury. I was asked to take this case as my client had experienced a poor service from two previous case managers, where he had not received any form of

rehabilitation. I am delighted to report that my client is now in receipt of occupational therapy, physiotherapy, speech and language therapy and support worker involvement. Since taking on the case my client has received surgical intervention privately, a private wheelchair assessment and had attended assessment for an inpatient rehab stay which will be commencing shortly. Most importantly, his outlook is far more positive as he has made gains in all areas of his daily living skills and functional autonomy.

Prior to working in case management in 2017, I worked for the NHS as an occupational therapist from 1998.

From 2002 to 2003 and 2005 to 2006 I practised as an occupational therapist in New Zealand.

For the last 5 years I have been employed as a specialist advisor for the Care Quality Commission and have worked as an Independent occupational therapist within the medico legal setting.

Many of my roles as an occupational therapist have been within a mental health setting. My other areas of clinical work have included:

- Orthopaedics
- Rheumatology
- Plastic Surgery
- Acute Medicine
- Neurology

Qualifications, Achievements and Memberships

- BSc Hons Occupational Therapy at University College Northampton (1998)
- The Royal College of Occupational Therapists
- Member of British Association of Brain Injury Case Managers
- Health Professions Council – OT 28943
- Specialist advisor for the Care Quality Commission (Current)

Most Recent Related Training

- Demystifying brain Injury alongside mental health and substance use, BABICM, Nov 2018
- Motivational Interviewing, Verna Morris, June 2018.
- Introduction to Case Management, CMSUK, Irwin Mitchell, London, April 2017.
- Comprehensive Assessment of At-Risk Mental State, King's College London, January 2017.