

**Nick Snowden**  
Clinical Case Manager

**Based in:** Nottingham

**Expertise:** Adult, brain injury, mental health, orthopaedic injuries

**Clinical Case Manager (May 2018 – present)**

Working at AKA Case Management Limited to provide a collaborative service that assesses, plans, implements, monitors and evaluates support options and services that meet the unique needs of a person who has suffered traumatic injury.

Examples of my previous case's include:

- A 21 year old male who was involved in an RTA at the age of 16. He was left with complex lower limb orthopaedic difficulties and some cognitive impairments due to brain injury. I formed part of an MDT with the Solicitor, Case Manager and Neuro Psych. My role as Independent Occupational Therapist was spent assessing all activities of daily living, building support into the client's university studies, sleep hygiene, budgeting and financial management, fatigue management. I met with the client's support worker to ensure we were working towards common treatment goals and that the client's recovery and progress was always our priority.
- A 50 year old male cyclist involved in a head on collision with a car. He sustained multiple complex orthopaedic injuries to upper and lower limb, with reduced mobility, strength and function. Following a needs assessment and case management plan, I recruited an MDT which included Occupational Therapist, Physiotherapy and Psychology. I liaised closely with the client and his legal team to monitor progress, arrange MDT's and set clear, collaborative treatment goals. He continues to make rapid progress both physically and mentally from his traumatic injury.
- A 26 year old male who developed schizophrenia, first onset. Previously, he was working at a University in marketing, had a large social network and many interests. He ended up being detained under the MHA and having a long admission to hospital. My first role was to engage with him whilst he was acutely unwell in hospital, whilst liaising closely the extended care team, his family and third party agencies. We explored accommodation options, worked closely together on psycho education and provided carer support to his family. We then focussed on social inclusion, vocational rehabilitation and developing leisure interests. He made a full recovery, reengaged entirely with his social networks, is working full time and completed a TEFL course with a view to move abroad to teach.

In addition to my 18 years experience within adult mental health I have worked with both Nottingham Universities, supporting their students with mental health difficulties.

For the last 5 years I have been employed as a Specialist Advisor for the Care Quality Commission and have worked as an Independent OT within the medico legal setting.

I have also worked as an OT in the following areas, prior to entering mental health.

- Orthopaedics
- Rheumatology
- Plastic Surgery
- Acute Medicine

#### **Qualifications, Achievements and Memberships:**

- BSc Hons Occupational Therapy at University College Northampton (1998)
- The Royal College of Occupational Therapists
- Member of British Association of Brain Injury Case Managers
- Health Professions Council – OT 28943
- Specialist Advisor for the Care Quality Commission (Current)

#### **Most Recent Related Training**

- Motivational Interviewing, Verna Morris, June 2018.
- NHS Mandatory training in Safeguarding, Mental Capacity Act and Risk Management all within last 6 months, May 2017.
- Introduction to Case Management, CMSUK, Irwin Mitchell, London, April 2017.
- Comprehensive Assessment of At Risk Mental State, King's College London, January 2017.
- Behavioural Family Therapy Training, Meridien, March 2014.